

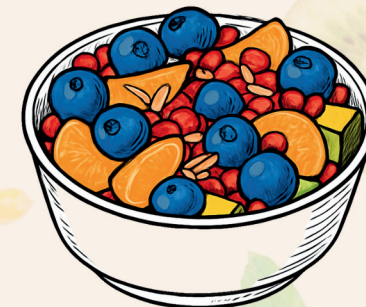


Fruit Bowls

	Small (Apx 350 ml)	Medium (Apx 500 ml)	Large (Apx 750 ml)
Summer Jewel (Mango, Papaya, Muskmelon, Watermelon, Banana, Pomegranate with dressings)	₹ 175	₹ 250	₹ 375
Glow and Go Power (Kiwi, Mango, pineapple, Muskmelon, Blueberries/Jamun, Lychee with dressings and topping of nuts and seeds)	₹ 225	₹ 300	₹ 450
Tropical Indulgence (Pineapple, Mango, Lychee, Banana, Orange, Papaya with dressings)	₹ 175	₹ 250	₹ 375
Digestive Detox Fruit Mix (Apple, Pear, Pomegranate, Guava, Amla, Orange with dressings)	₹ 175	₹ 250	₹ 375
Satvic Energy (Coconut Chunks, Banana, Apple, Papaya, Grapes, Dates)	₹ 175	₹ 250	₹ 375
Diabetic Delight (Apple, Guava, Pomegranate, Jamun, Blueberries, Orange)	₹ 175	₹ 250	₹ 375
Immune Boosting & Anti Oxidant (Pomegranate, Black Grapes, Orange, Blueberries, Kiwi, Pineapple with dressings & topping of nuts and seeds)	₹ 225	₹ 300	₹ 450
Make your Own Bowl (Choose any 6) (Apple, Papaya, Banana, Kiwi, Guava, Muskmelon, Grapes, Coconut chunks, Pomegranate)	₹ 175	₹ 250	₹ 375

Smoothies

	Small (Apx 350 ml)	Medium (Apx 500 ml)
Berry Blast (Strawberries, Blueberries, Banana, Yogurt, Honey)	₹ 275	₹ 375
Tropical Sunrise (Mango, Pineapple, Orange, Banana, Coconut water)	₹ 200	₹ 275
Green Glow Detox (Spinach, Green Apple, Cucumber, Mint Leaves, Banana)	₹ 180	₹ 250
Gym Lover's Protein Power House (Banana, Peanut butter, Protein Powder, Oats, Milk, Honey)	₹ 200	₹ 275
Chocolate Avocado Cream (Avocado, Cocoa Powder, Banana, Dates, Milk)	₹ 275	₹ 375
Pineapple Ginger Zing (Pineapple, Ginger Juice, Lemon, Honey)	₹ 180	₹ 250
Royal Mango Delight (Mango, Yogurt, Cardamom, Saffron, Honey)	₹ 200	₹ 275
Coconut Berry Fusion (Mixed Berries, Coconut Milk, Chia seeds)	₹ 200	₹ 275
Dates & Banana Booster (Banana, Dates, Cinnamon, Milk)	₹ 180	₹ 250
Kiwi Apple Cooler (Kiwi, Green Apple, Cucumber, Lemon, Mint Leaves, Water)	₹ 180	₹ 250



KIDS SPECIAL

Fruit Sticks Dipped in Happiness

Fruits Sticks

(Any Choice of Fruits out of Banana, Apple, Watermelon, Pineapple, Grapes, Guava, Kiwi served with Toppings of Honey and sprinkles)

Watermelon Cup

(Watermelon in Triangle or Wedges shaped served with Sprinkles and Honey)

4 Nos. 8 Nos.

₹ 125 ₹ 200

₹ 90 ₹ 150



Fruits are subject to availability*



FRESH FRUIT FRAPPE

	Small (Apx 350 ml)	Medium (Apx 500 ml)
Berry Blast Frappe (Blueberry/Strawberry, Pomegranate, Watermelon, Kiwi, Orange blended with Ice and Honey)	₹ 250	₹ 350
Pineapple & Grapes Frappe (Pineapple, Red grapes, Mango, Banana, Green grapes, blended with Ice and Honey)	₹ 250	₹ 350
Fusion Frappe (Dragon Fruit, Red Grapes, Kiwi, Orange, Pineapple blended with Ice and Honey)	₹ 250	₹ 350

FRUITS & YOGURT BLAST

	Small (Apx 350 ml)	Medium (Apx 500 ml)
Frozen Fruits with Yogurt, Granola (Green Grapes, Mango, Kiwi, Red Grapes, Dried Berries, Flakes, Yogurt)	₹ 250	₹ 350
Fruits & Yogurt Parfaits (Pomegranate, Banana, Reg grapes, Berries, Pineapple, Flakes, Strawberry Yogurt)	₹ 250	₹ 350
Golden Jelly whisper (Frozen Jelly, Custard, Apple, Mango, Grapes, Pomegranate)	₹ 250	₹ 350

HEALTHY SNACKING

	2 Nos.	4 Nos.
Avocado Toast- Salted (Crisp toast loaded with Avocado spread and Toppings of fresh fruit slices)	₹ 125	₹ 200
Avocado Toast- Sweet (Crisp toast loaded with spread made from Avocado and Dates served with Toppings of fresh fruit slices)	₹ 125	₹ 200

SINGLE FRUIT BOWL

Choose any one fruit for your bowl

	Small (Apx 350 ml)	Medium (Apx 500 ml)	Large (Apx 750 ml)
Papaya, Pineapple, Mango	₹ 100	₹ 140	₹ 200
Pomegranate, Apple, Pear, Orange, Grapes, Kiwi	₹ 120	₹ 160	₹ 250

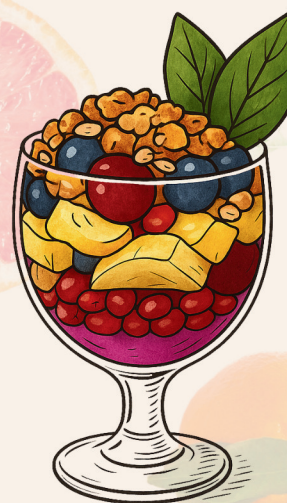


फल AAHAR SPECIAL

	Small (Apx 350 ml)	Medium (Apx 500 ml)
Summer Cooler (Chopped fresh fruits mixed with Gond Katira, Chia Seeds, Coconut Water and Ice)	₹ 150	₹ 200

ADD-ONS

	Per Serving
Blue Berries	₹ 50
Orange	₹ 40
Dates	₹ 40
Dragon Fruit	₹ 50
Mixed Seeds and Nuts	₹ 40
Chocolate Syrup	₹ 30
Lemon, Mint and Honey dressing	₹ 30



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Fruits are subject to availability*